# News from Cumnor School

*Autumn Term Number 8* *22nd October 2021*

Dear Parents,

**School Photos**
Your children's school photos were sent home this week. If you would like to order copies, please do so online over half term.

**5 Star Kitchen**

Congratulations to Amy Dawson and her team in the school kitchen who retained their 5 star rating after a visit from county's food and hygiene inspection team this week.
The School Lunch Company have also decided to continue with their current menu choices each week, until January – a new weekly rota is attached and on the website.

**Online Safety**
One of the consequences of the Covid-19 pandemic has been that our children are now using the internet more than ever, and indeed, the government and school are positively encouraging its use through remote learning, sharing educational websites and setting of homework. With this in mind, over the next term I will be including in the weekly newsletter some useful parent guides to various aspects of the internet that you and your children may come across. These will look at commonly used apps and websites such as YouTube, Tiktok, Facebook, Snapchat etc.
This week, however, I would urge you to sign up 123ICT's Virtual Online Safety Parents Workshop. 123ICT are our website provider and maintain all our ICT equipment and software. Their Online Safety Ambassador, Nick Speller is a qualified teacher and provides some very useful online safety advice for all parents. The event is on Tuesday 9th November 2021 from 8-9pm. It is a free one-hour online safety workshop for parents and carers via live stream. (Please note, this workshop contains materials that are NOT suitable for children) The workshop includes information about the risks of using the internet and tips on how to reduce these risks and where to get help and support all based on the latest research and evidence. To register your interest please visit https://123parents.oxon.in

**Student Update Forms**
Your children will come home with a student update form today, please complete and return to the school office by 3rd November.

**From the PTA Committee:**
Happy half-term everyone! The children will be bringing home their brilliant Cauliflower Cards creations today! This will give them a chance to add any finishing touches and parents a chance to decide what items to **order online by November 8th**. Designs can go on greeting cards, gift-tags, wrapping paper, gift mugs and more! The finished pieces always look wonderful and the school receives a portion of all sales, so we really appreciate your support to make this first fundraiser of the year a big success!
**Orders must be placed online at home by 11:59pm, Monday November 8th and all artwork must be received back in school by the following day, Tuesday November 9th.**
Please see the attached poster below. If you have any questions, please have a look at

the Cauliflower Cards website https://www.cauliflowercards.co.uk/online-how-it-works or email Adrian at pitts.adrian@gmail.com.
Thank you to everyone who joined us for the **PTA AGM** last Tuesday. We are very pleased to welcome *Katrin James, Simone Jones, Ailsa Morris* and *Robert Lamdin* to the PTA Committee and are looking forward to our first face-to-face PTA meeting in almost 2 years; **8pm at The Vine on Thursday Nov 11th**. All welcome!

**Katey Vane – Kitchen Garden Club**
I hope you enjoyed the soup provided by the Kitchen Garden Club and Katey Vane 2 weeks ago. Katey has now put some more video recipes up on her YouTube Channel if you would like to have a look:
https://youtube.com/channel/UCxW9ycRhVfESk7G3HZ82dkg

**School Dinners after Half term (Week 3)**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Ham and Cheese Pizza OR Cheese and Tomato Pizza | Homemade Cottage Pie OR Vegetable Sausages | Roast Gammon OR Spring Vegetable Bake | Sweet and Sour Chicken OR Quorn Meatballs | Breaded Fish Fingers OR Quorn Dippers |

Thank you for your continued support this term, I hope you all have a good half term break.

Yours sincerely,

Ed Read

# We are taking part in the CAULIFLOWER Christmas Project

## raising money for our School!

### New for 2021 SPIRAL BOUND BOOKS

### MUGS

Pupil name goes here

Wide choice of background designs

Custom messages available!

### CARDS

Packs of 12 High Quality cards

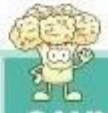
Custom card greetings including a choice of fonts and emojis!

### WRAPPING PAPER

INCLUDES 2 FREE GIFT TAGS!

**ARTWORK MUST BE RETURNED TO SCHOOL BY:**

**Tuesday November 9th, 2021**



CAULIFLOWER GROUP LTD.

WWW.CAULIFLOWERCARDS.CO.UK

# Cumnor C of E Primary School Winter 2021

| November | | | | |
|---|---|---|---|---|
| M | T | W | T | F |
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | | | |

| December | | | | |
|---|---|---|---|---|
| M | T | W | T | F |
| | | 1 | 2 | 3 |
| 6 | 7 | 8 | 9 | 10 |
| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| 27 | 28 | 29 | 30 | 31 |

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|---|
| Week 1 | Main Option 1 | Ham and Cheese Pizza | Spaghetti Bolognese | Toad-in-the-Hole | Mild Chicken Curry | Oven Baked Salmon Fish Fingers |
| | Main Option 2 | Cheese and Tomato Pizza | Macaroni Cheese | Vegetarian Toad-in-the-Hole | Quorn and Sweet Potato Curry | Mediterranean Vegetable Tart |
| | Veg | Herby Diced Potatoes • Peas • Sweetcorn | Broccoli • Carrots | Roast or Mashed Potatoes • Spring Cabbage • Seasonal Vegetables | Rice • Sweetcorn • Carrots | Chips or Pasta • Baked Beans • Peas |
| | Dessert | Oat Cookie | Sticky Toffee Pudding with Custard | Apple Sponge | Lemon Shortbread | Iced Fruit Smoothie with Fruit |
| Week 2 | Main Option 1 | Ham and Cheese Pizza | Jacket Potato with Beef Chilli | Roast Chicken with Yorkshire Pudding and Gravy | Homemade Sausage Plait | Oven Baked Breaded Fish Fillet |
| | Main Option 2 | Cheese and Tomato Pizza | Jacket Potato with Cheese and Beans | Roast Quorn Fillet with Yorkshire Pudding and Gravy | Vegan Sausage Roll | Cheese and Tomato Pinwheel |
| | Veg | Jacket Wedges • Carrots • Sweetcorn | Sweetcorn • Seasonal Vegetables | Roast or New Potatoes • Spring Cabbage • Cauliflower | New Potatoes • Broccoli • Carrots | Chips or Pasta • Peas • Sweetcorn |
| | Dessert | Fruit Flapjack | Iced Raspberry Sponge | Whipped Fruit Mousse | Chocolate Brownie | Ice Cream with Fruit Salad |
| Week 3 | Main Option 1 | Ham and Cheese Pizza | Homemade Cottage Pie | Roast Gammon with Yorkshire Pudding | Sweet and Sour Chicken | Oven Baked Breaded Fish Fingers |
| | Main Option 2 | Cheese and Tomato Pizza | Vegetable Sausages with Mashed Potatoes and Gravy | Spring Vegetable Bake | Quorn Meatballs in Gravy | Quorn Dippers |
| | Veg | Herby Diced Potatoes • Carrots • Peas | Carrots • Green Beans | Roast or New Potatoes • Spring Cabbage • Carrots | Rice • Sweetcorn • Broccoli | Chips or Pasta • Peas • Baked Beans |
| | Dessert | Homemade Blueberry Muffin | Pineapple Upside Down Sponge with Cream | Orange Jelly with Fruit | Fruit Cheesecake with Mandarins | Ice Cream Roll |

## Food allergy disclaimer

The School Lunch Company endeavours to identify ingredients which may cause an allergic reaction for those with food allergies/intolerances. Food production teams are instructed on food allergies and potential reactions. Food is prepared in our kitchens where we use products such as milk, eggs, gluten etc and therefore meals may contain these allergens. There is also a possibility that manufacturers of the commercial foods we use could change the formulation at any time, without notice. People who are highly sensitive or suffer severe reaction to allergens are therefore informed that the food on offer may not be suitable for their consumption.

The School Lunch Company will not intentionally use nuts or any products containing nuts as an ingredient within our food preparation. If you have an allergy or intolerance please inform a member of staff at the earliest and if in doubt, do not eat our food.